



## **Information About**

## **Transition Services**

### **What Are Transition Services?**

Transition Services are services that help students with disabilities prepare for life after high school. Examples of these services are:

- job skills training,
- integrated employment (including supported employment),
- continuing and adult education,
- independent living, and
- community participation.

### **When Are Transition Services Required?**

By age 14, a student's Individualized Education Program (IEP) must begin to focus on preparing the student for his or her future. By 16, a student's IEP must have a Transition Plan.

### **What Is a Transition Plan?**

Transition Services need to be written into the IEP. This is called a Transition Plan. A Transition Plan must include goals and what the student needs to meet the goals. It must also include the agencies that will provide the services. When developing a Transition Plan, the IEP Team must think about the student's education, work, and living needs.

However, transition is much more than that. The IEP Team should ask and answer questions about everyday life. For example:

- Will the student be going to college or entering the workforce?
- Will the student be able to travel to and from work or school independently?
- Will the student travel by public transportation or does the student need driving lessons?
- Can the student state his likes and dislikes (advocate) for himself?
- Does the student know how to use a telephone independently?
- Can the student use a telephone to call the doctor?

## **Who Ensures That Transition Services Are Provided?**

The school and the agencies identified in the IEP have the responsibility to ensure that Transition Services in the IEP are provided. These agencies can include:

- Department of Rehabilitative Services (DRS),
- Department for the Blind and Vision Impaired (DBVI),
- Community Services Board (CSB), and
- Centers for Independent Living (CIL).

## **Where Are Transition Services Provided?**

Transition Services do not have to be provided on school grounds. For some students, Transition Services at a community college might be proper. For others, a job site might be work best. For students who have multiple or severe disabilities, a Transition Plan might include an adult day program funded by the school system.

This often comes up for 18-21 year-old students. While they are entitled to services, their peers without disabilities are no longer in school. Understandably, these students may not want to receive services in a high school setting with younger students.

## **What If the Student and the School Disagree About Transition Services?**

There are several options if a student disagrees with the school about Transition Services. They may seek mediation, request due process, or file a complaint with the Virginia Department of Education. Additionally, VOPA may be able to help.

## **How Can VOPA Help?**

VOPA can provide information, technical assistance and, in some cases, legal representation.

Virginia Office for Protection and Advocacy  
1910 Byrd Avenue, Suite 5  
Richmond, Virginia 23230  
(804) 225-2042 (local and TTY)  
(800) 552-3962 (statewide)  
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